

## Community Breastfeeding Support in Your Area



St. George's Infant Feeding Team  
07766800365 (M-F, 9-5) | [infant.feeding@stgeorges.nhs.uk](mailto:infant.feeding@stgeorges.nhs.uk)

Wandsworth, Merton, Mitcham and Wimbledon

In light of the current circumstances surrounding covid-19 breastfeeding support groups are subject to cancellation. Please call the phone numbers by the venues before you attend groups to check if they are running.

The Infant feeding Team (IFT) at St Georges are running a reduced service by appointment only at Tooting Health centre and at Stormont Health centre. Details below.

Alternatively if you would like to talk to a member of the IFT please call the number above or email: [infant.feeding@stgeorges.nhs.uk](mailto:infant.feeding@stgeorges.nhs.uk)

Day	Venue	Time
Monday	<u>Chesterton Children's Centre</u> Dagnall St, SW11 5DT   02076221619	11:00 - 12:30
	<u>Tooting Health Centre</u> 63 Bevill Allen Close, Tooting, SW17 8PX	12:30-5:00pm <b>Appointment only</b>
	<u>Thomas Wall Childrens Centre</u> 69 Western Road, Sutton, SM1 2SX   02087220280	09:30 - 11:30
Tuesday	<u>Balham Health Centre</u> 120 Bedford Hill, SW12 9HS   02088126200	14:00 - 15:30
	<u>West Hill in the Park</u> King George Park, Buckhold Road, SW18   02088716655	14:00 – 16:00
	<u>Breastfeeding London Café (SW19 3DS)</u> To book: 07414490090/ <a href="mailto:Indira.lactationconsultant@gmail.com">Indira.lactationconsultant@gmail.com</a>  Run by IBCLCs providing excellence in support and continuity of care. More info: <a href="http://www.breastfeedinglondon.co.uk">www.breastfeedinglondon.co.uk</a>	09:00 – 12:00 <b>Appointment only</b>
Wednesday	<u>Eileen Lecky Health Centre</u> 2 Clarendon Drive, SW15 1AA   02085446101	13:00 – 14:30
	<u>Southmead Children's Centre</u> Princes Way, SW19 6QT   02087884379	10:30 – 12:00
	<u>Church Road Children's Centre</u> 243 Church Road, CR4 3LS   020 8274 5300	run by Health Visitors 1-2.30pm
Thursday	<u>Stormont Health centre</u> Stormont Road	9:30-13:00 <b>Appointment only</b>

	SW11 5EG   02088125700	Infant Feeding team 07766800365 Specialist breastfeeding support	
	Tweeddale Childrens Centre Tweeddale Rd, SM5 1SW   02084041640		10.00-12.00
Friday	<u>Franciscan Children's Centre</u> Franciscan Rd, SW17 8HQ   02086723948		10:00 – 12:00

### Lambeth and Southwark

Day	Venue	Time
Monday	<u>Stockwell Childrens Centre</u> Burgoyne Road, SW9 9TG	11:00-13:00
Tuesday	<u>St Stephens Childrens Centre</u> Meadow Place, SW8 1XZ	10:30 – 12:30
Wednesday	<u>Bermondsey and Rotherhithe Breastfeeding Support Café</u> Southwark Park (entrance Hawkstone Rd), SE16 2PF   02030497103 / 02030497093	10:00 – 11:30
	<u>Breastfeeding Support, Streatham Hub Children's Centre</u> 388 Streatham High Road, SW16 6HX	10:00 – 12:00
Thursday	<u>Peckham &amp; Camberwell Breastfeeding Support Café</u> Peckham Library 5 <sup>th</sup> fl., 122 Peckham Hill St, SE15 5PR   02071387815 / 02030494828	10:00 – 11:30
Friday	<u>Breastfeeding Support Café, Ellen Brown Children's Centre</u> 145 Grange Rd., SE1 3EU	09:30 – 11:30
	<u>Breastfeeding Support Café, Kingswood Children's Centre</u> Bentons Lane, SE27 9UD   02034090704	10:00 – 12:00

### Voluntary Sector Support in Wandsworth (run by trained breastfeeding supporters)

Day	Venue		Time
Monday	St Andrews Church, Laitwood Rd, SW12 9QH	Run by NCT and Le Leche Counsellors	10:00 – 12:00
	St Michaels Church, 71 Wimbledon Park Rd, SW18 5TT	Run by NCT Counsellors	13:00 – 14:30
Tuesday	<u>Café Le Leche Merton</u> Hillside Church, 37 Worple Rd, SW19 4JZ	Run by Le Leche leaders	10:00 – 12:00
Thursday	10-12 Gooseberry Bush, 115 Kingston Rd, SW19 1LT		10:00 – 12:00 <b>£20 first session</b>

### Helplines and Online Breastfeeding Support

- St. George's Hospital online info: [www.stgeorges.nhs.uk/maternity/postnatal](http://www.stgeorges.nhs.uk/maternity/postnatal)
- [www.kellymom.com](http://www.kellymom.com) – IBCLC breastfeeding advice
- [www.globalhealthmedia.com](http://www.globalhealthmedia.com) – breastfeeding videos
- Le Leche League | [www.leleche.org.uk](http://www.leleche.org.uk) / 0845 129 2918
- Start4Life (NHS Breastfeeding info) | <https://www.nhs.uk/start4life/baby/breastfeeding>
- First Steps Nutrition (Independent Public Health Nutrition Charity) | [www.firststepsnutrition](http://www.firststepsnutrition)
- National Breastfeeding helpline | 0300 100 0212, open 09:30 -21:30
- Association of Breastfeeding Mothers | [www.abm.me.uk](http://www.abm.me.uk) / 0844 412 2949
- Breastfeeding Network | [www.breastfeedingnetwork.org.uk](http://www.breastfeedingnetwork.org.uk) / 0300 100 0210, open 09:30 – 21:30
- Breastfeeding Network Bengali Line | 07944 879759, open 09:30 – 21:30
- Breastfeeding Network Drug line | 0844 412 4665, answerphone
- 'From Bump to Breastfeeding' film | [www.bestbeginnings.org.uk](http://www.bestbeginnings.org.uk)